

Tri-Colour Sandwich Making Activity

Children of class Pre Primary had a fun day making their own "Tri-Colour Sandwich" on 25th January, 2021 on the occasion of Republic Day. Children have been learning about healthy food and the different types of food groups in class. They also have been taught the importance of having a healthy breakfast every morning.

The activity was done with the class teacher. The teachers showed the children how to spread the sauces of different colours on a slice of bread and then place slices of cucumber and carrot. The cucumber and carrot slices were placed inside the top and the bottom bread with white cream in between making a formation of tri-colour. The end product was a cute looking and a healthy snack for kids! Children carefully used the butter knife to spread the sauces themselves and placed the cucumber and carrot slices to make their own "Tri-Colour Sandwich".

The class was filled with laughter and joy as the children were so pleased and excited to show off their "masterpiece". It was indeed a yummy activity which ended with some children even asking for more.

This activity is an excellent example of how children confidently put the skills that they have learnt in the various Montessori activities in class to a real life activity.



26 January
HAPPY REPUBLIC DAY

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