WORLD HEALTH DAY

'Life is not merely being alive but being well.'

World Health Day is a global awareness day that is celebrated every year on April 7th to commemorate the founding of World Health Organisation. The theme of World Health Day 2022 is 'Our Planet Our Earth'. To raise awareness about physical and mental well-being , and various measures to combat global health challenges, students of class 4 presented a beautiful skit portraying a doctor medicating our planet Earth which is in utter pain due to human behaviour affecting the environment. Where as students of class 5 demonstrated the importance of a healthy plate by making one, using a thermocol plate and pasting pictures of various food sources on it. The students pledged to keep themselves as well as their mother Earth healthy by focussing on environmental and key public health issues.

The celebration fulfilled its objective of developing a deep understanding of the essential link between individual and collective health for a sustainable healthy planet.